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		PATENT APPLICATION	First Inventor Dr. Stephen M. Nothna							
	U.S	TRANSMITTAL	Title   Hand Weights With Finger Support							
		ior new nonprovisional applications under 37 CFR 1,53(p))	Express Mail Label-No.							
7	7	. APPLICATION ELEMENTS	ADDRESS TO: Assistant Commissionar for Patants ADDRESS TO: Box Patent Application							
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ſ	العا اد	Fee Transmittal Form (e.g., PTO/SB/17)	7. CD-ROM or CD-R in duplicate, large table or O Computer Program (Appendix)							
Ī	2 X	Applicant claims small entity status.	8. Nucleotide and/or Amino Aoid Sequence Submission (Control Control							
- [		See 37 CFR 1.27. Specification [Total Pages []]	(if applicable, all necessary)  a Computer Readable Form (CRF)							
- 1	3. [X]	(Aretative arrangement set form determ) - Descriptive title of the invention	4 ■ 5							
		- Cross Reference to Related Applications	b. Specification Sequence Listing on:  i. CD-ROM or CD-R (2 copies); or 450							
1		- Statement Regarding Fed sponsored R & D								
		<ul> <li>Reference to sequence fisting, a table, or a computer program fisting appendix</li> </ul>	ii. paper							
		- Background of the Invention	c. Statements verifying identity of above copies							
		- Brief Summary of the Invention	ACCOMPANYING APPLICATION PARTS							
	•	- Brief Description of the Drawings (if filed)								
ļ		- Detailed Description - Claim(s)								
		- Abstract of the Disclosure	10. 37 CFR 3.73(b) Statement Power of Attorney							
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	4. X	Drawing(s) (35 U.S.C. 113) [ Total Sheets 2 ]	11. English Translation Document (if applicable)  Information Disclosure Copies of IDS							
	ā. Oain	or Declaration [Total Pages 6]	12. Statement (IDS)/PTO-1449 Citations							
	<u>s</u> .	Newly executed (original or copy)	13. Preliminary Amenament							
	ت.	Copy from a prior application (37 CFR 1.63 (d))  (for continuation/divisional with Box 18 completed)	14. Return Receipt Postcard (MPEP 503) (Should be specifically itemized)							
Ì		DELETION OF INVENTOR(S)	15. Canified Copy of Priority Document(s) (if foreign priority is claimed)							
	;	Signed statement anached detailing invertor(s) named in the prior application, see 37 CFR	Request and Certification under 35 U.S.C. 122							
}	i	1.63(a)(2) and 1.33(b).	(b)(2)(B)(i). Applicant must stach form PTO/SB/35 or its equivalent.							
Ì	Č. X	Application Data Sheet, See 37 CFR 1.76	17. X Oiner: Information Disclosure							
Ì	18. If a CONTINUING APPLICATION, check appropriate box, and supply the requisite information below and in a preliminary amendme									
		or in an Application Data Sheet under 37 CFR 1.78:								
		Commusition Divisional Continuation-in-pan (CIP)	of prior application No.:							
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For CONTINUATION OR DIVISIONAL APPS only: The entire disclosure of the prior application, from which an oath or declaration is supplied to										
İ	βολόρ, κ	ox 50, is considered a part of the disclosure of the accompanying continuation or divisional application and is hereby incorporated by reference.								

The incorporation can only be relied upon when a portion has been inadvenently omitted from the submitted application parts. 19, CORRESPONDENCE ADDRESS Casionier number or Bar Code Label Correspondence sources pelow (Insen Cusiomer No. or Allect ber code leby note) Name Shlesinger, Fitzsimmons & Shlesinger Auaress State Zip Code City 14604 Rochester N.Y. Country Fax Telephone 585-325-4618 Name (Print/Type) 19955 Registration No. (AttorneylAgent)

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Enclosed are:  2 sheets of drawings, plus 2 copies each										
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	a verified statement to establish small entity status under 37 CFR 1.9									
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Of: Shlesinger, Fitzsimmons & Shlesinger 183 East Main Street, Suite 1323 Rochester, New York 14604